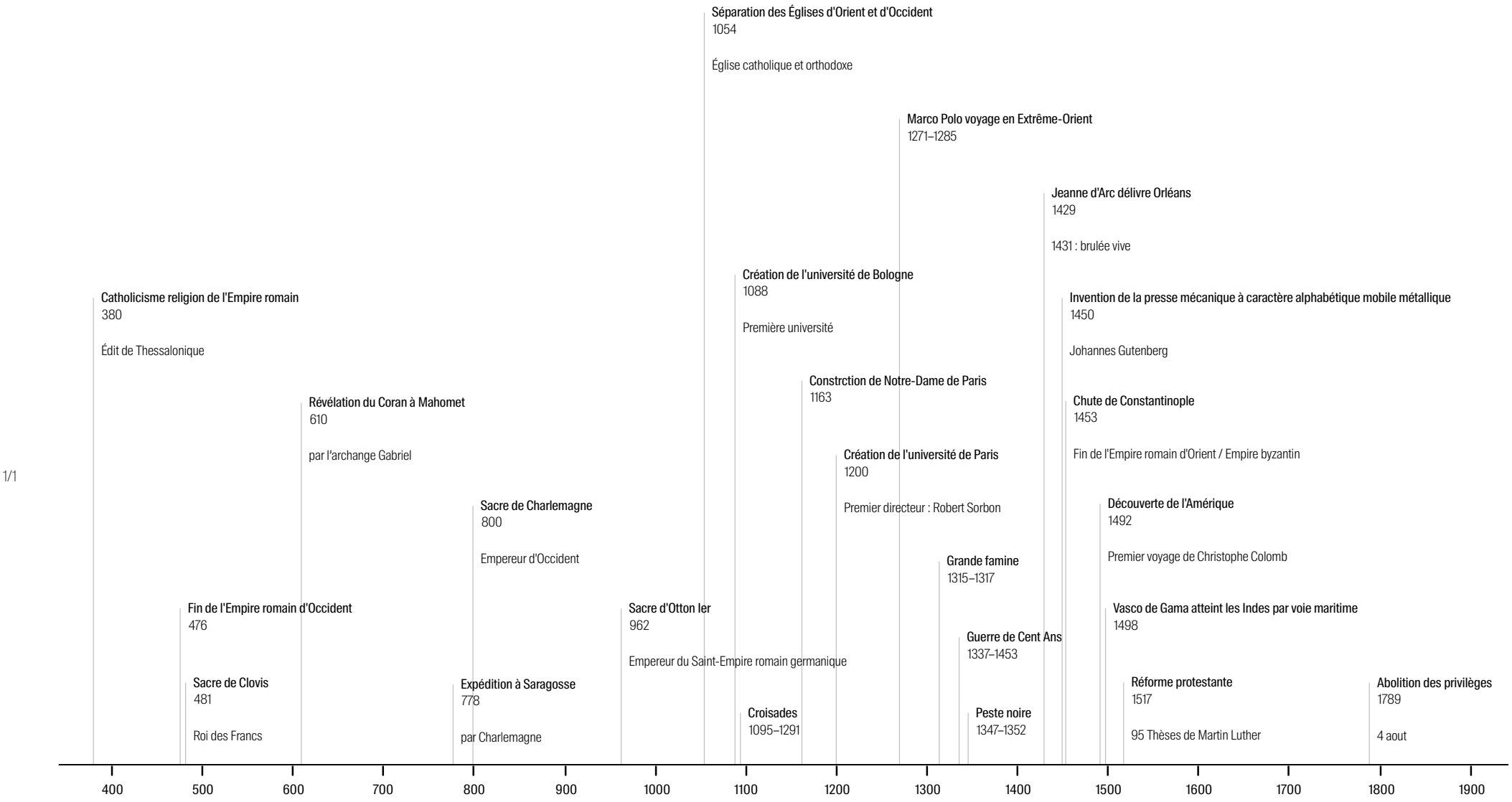Ligne du temps de l'histoire médiévale